

Please join  
State Representatives  
**Emanuel "Chris" Welch**  
and **La Shawn K. Ford**,

with **Coach Mike** and  
**Trainer Charles Robinson** for

# NEW YEAR NEW YOU

Kick off a new year with  
Reps. Welch and Ford.  
Local trainers will coach you on  
health and fitness activities to  
help make a brand new you!

**Come discover the  
potential in you!**

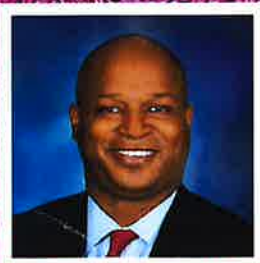
**SATURDAY, JANUARY 20**

**10 a.m. - 1 p.m.**

**LINDOP SCHOOL**

**2400 S. 18th Ave. ★ Broadview**

**FAMILY FRIENDLY EVENT**



For more information: ☎ 708-450-1000

✉ [RepWelch@EmanuelChrisWelch.com](mailto:RepWelch@EmanuelChrisWelch.com)

